|  |  |
| --- | --- |
| **Mean fasting blood glucose** | Description: mean fasting blood glucose results including those currently on medication for diabetes (non-fasting recipients excluded) |
| Instrument question: B1: During the last 12 hours have you had anything to eat or drink, other than water? B5: Blood glucose measurement |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean fasting blood glucose (mmol/L)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean | 95% CI | n | Mean | 95% CI | n | Mean | 95% CI |
| 18-29 | 523 | 4.2 | 4.1 - 4.3 | 757 | 4.5 | 4.4 - 4.6 | 1280 | 4.3 | 4.3 - 4.4 |
| 30-44 | 568 | 4.6 | 4.4 - 4.7 | 942 | 4.9 | 4.7 - 5.0 | 1510 | 4.7 | 4.6 - 4.8 |
| 45-59 | 354 | 4.9 | 4.6 - 5.1 | 552 | 5.2 | 5.0 - 5.3 | 906 | 5.0 | 4.9 - 5.2 |
| 60-69 | 167 | 5.2 | 4.7 - 5.7 | 314 | 5.8 | 5.1 - 6.5 | 481 | 5.5 | 5.1 - 6.0 |
| **Total** | **1612** | **4.5** | **4.4 - 4.5** | **2565** | **4.8** | **4.7 - 4.9** | **4177** | **4.6** | **4.6 - 4.7** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1288 | 4.4 | 4.4 - 4.5 | 2181 | 4.8 | 4.7 - 5.0 | 3469 | 4.6 | 4.6 - 4.7 |
| Urban | 324 | 4.5 | 4.3 - 4.7 | 384 | 4.7 | 4.5 - 4.9 | 708 | 4.6 | 4.4 - 4.7 |